

BREAD NOVICE

خلينا نأكل الخبز!

How do you eat bread? Do you use it to make a sandwich? Do you eat it by itself? Do you dip it in sauces?

In many parts of the Arab world, dipping your bread into a main course is one of the primary ways of eating a meal.

Let's watch the following video and hear about how bread can be not only a food, but also a "utensil" -- even in place of a fork or a knife!



After you've watched the video, let's discuss:

- Who is the host and where is he from? What do we know about him?
- According to the host, what must be done before and after eating? How does he do it?
- How does the host hold his bread? In which hand? What does he use it to do?
- Is licking your fingers rude? Why or why not, in the host's view?
- How do you know which part of the meal belongs to you? Does it matter?
- What do you think about eating with your hands? Do you think it would be easy to participate in this sort of shared meal, or would it present a challenge for you? How?
- Do you know of other cultures that share some of these practices and views? How is your culture different from the Arab culture when it comes to eating etiquette?